



12 Magical Nights **a Winter Solstice** **Manifestation Journey**

12MagicalNights.com

The 12 Magical Nights ritual (also known as Rauhnächte) is one of the most powerful traditions of the winter season, a sacred window where intuition opens, wishes grow roots, and the year ahead begins whispering to you.

To prepare for the workshop gather a few simple supplies to create your burning ritual setup, and your year-long reflection journal companion.

12 MAGICAL NIGHTS RITUAL JOURNAL SUPPLY LIST & PREP GUIDE

**12/10/2025
2pm (central)
Via Zoom**

Overview of What We Will Create in the Free Webinar

During the workshop, you'll learn how to:

- ✓ Prepare your 13 wish slips
- ✓ Set up your burning ritual for the 12 Magical Nights
 - ✓ Build your journaling structure for the year
 - ✓ Create a monthly reflection system
- ✓ Choose a theme, symbol, and guiding words
- ✓ Set up pockets, spreads, and written prompts
- ✓ Add tarot/oracle pulls that support your 2026 journey
- ✓ Establish a ritual rhythm that carries your magic forward all year long

By the end, you'll have:

- ✦ Your 13 wishes
- ✦ Your wish burning setup
- ✦ Your personalized 12 Nights Journal
- ✦ Your 2026 intention framework
- ✦ A year-long magical companion

FAQ

For a full list of FAQ's please visit:

<https://www.12magicalnights.com/faq>

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Supplies for Your 13 Wish Burning Ritual

✦ Burning Paper (for the 13 wishes) Choose paper that burns quickly and cleanly:

- Incense paper is ideal – Recommended: Papier d'Arménie (French incense paper; fragrant, clean burn)
- Alternatives: thin rice paper, mulberry prayer paper, or any lightweight paper that burns completely

✦ A jar or bowl to place your wishes in until the night you will draw one out and burn it.

✦ Fire-Safe Burning Vessel

You'll need a container that can withstand heat:

- A ceramic bowl
- A small cauldron
- A cast-iron or brass dish
- A fireproof incense burner

✦ If you want to keep your ashes, you'll also need a small jar for the Ashes After burning each night's wish, save the ashes:

- A small apothecary jar
- Glass bottle with cork
- Mason jar
- (You can reuse the same jar each year — it becomes your timeline of magic.)





Supplies for 12 Nights Journal

You can absolutely use a store-bought journal for this and things you have around the house, do not feel like you have to buy a bunch of new supplies unless you want to. If, like me, you enjoy making a journal you can create your own magical meaningful keepsake from scratch. Below is a list of supplies you'll need for the DIY journal version I will be demonstrating during the webinar:

✨ To Make Your Own Journal Base You'll Need:

- Chipboard or cardboard for covers (2 pieces approx. 5.5x8.5" and 1 piece 1.5x8.5")
- 1 pieces of fabric for the spine (cotton, linen, or scrap fabric) approx 3x20" or longer (2.5x the height depending on how tall your books will be).
- Two file folders, opened and trimmed — these become your durable signature divider to separate your wishes from your months musing.
- At Least 10 sheets of watercolor paper, mixed media paper, or any heavyweight copy papers for pages for the inside signatures. If doing a 5.5x8.5 journal we simply fold AN 8.5X11 sheet of paper in half.
- Thread, waxed linen, yarn or embroidery floss for binding the signatures to your spine
- Needle / awl / hole punch for stitching

✨ Decoration & Personalization

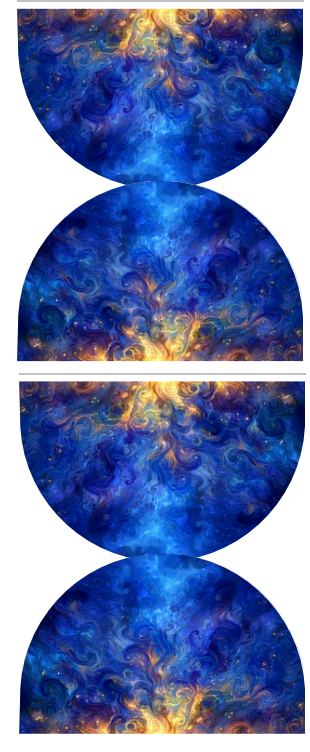
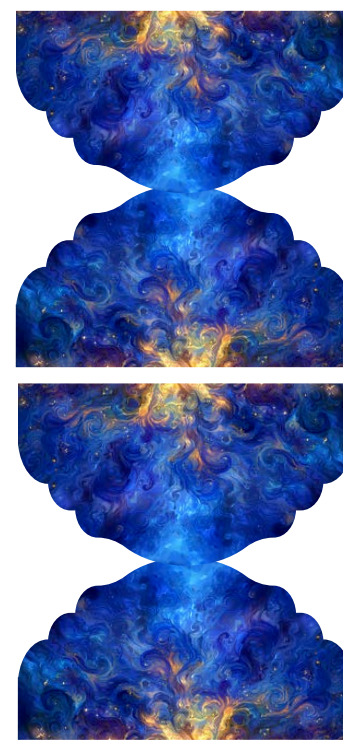
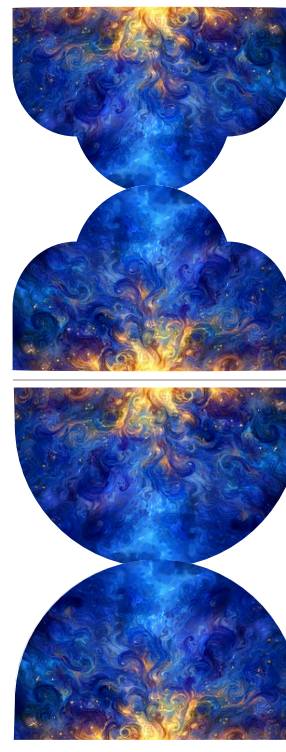
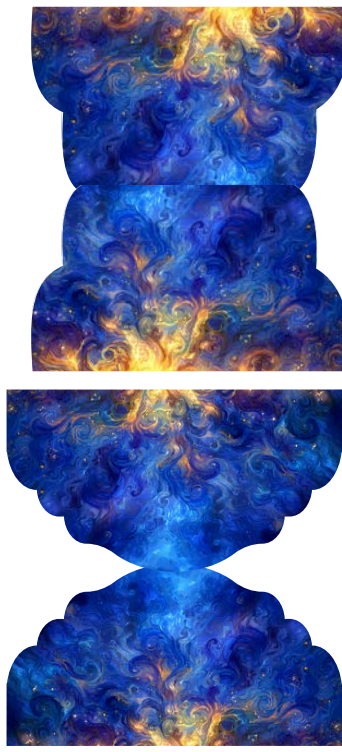
Whether you're making a journal or just want to follow along an decorate your store bought journal bring anything that feels meaningful, magical, symbolic, or thematic:

- Stickers, die cuts, washi tape, and ephemera
- Printed or handwritten Quotes or affirmations
- Photos that reflect your intention for the new year
- Scrapbook paper for Tuck spots + pockets
- Bookmarks or materials you can make into book marks
- Scraps, fabrics, dried flowers, pressed leaves, or anything symbolic for you
- Paint, sprays, markers, watercolors, stamps + ink
- Glue or double-sided tape

✨ Optional but Wonderful

- You might to choose a theme for your journal for the year (optional but powerful)
 - Example mine from last year included: Dragonflies and the words: Rise & Reverie
- In the following pages have also included several pages of quotes and graphics, please feel free to print and have on hand to decorate your journal with.
- Prayer, Tarot, or oracle cards you want to include for guidance
- Challenge cards, adventure scratch-off cards, etc. To make each month more interactive. I have included some printable ones but find a set that matches what you want to manifest.

12 Magical Nights Graphics Pack





**I release this wish with trust.
May this wish be held by
wisdom greater than mine.**

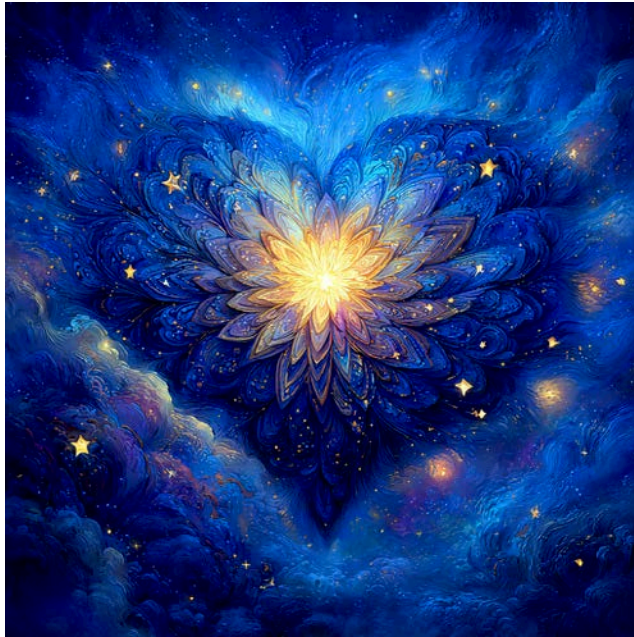
**I offer this wish with an
open heart and open hands.
May this unfold in perfect
timing.**

**What is meant for me will
rise. What is aligned will
stay; what is not will fall
away.**

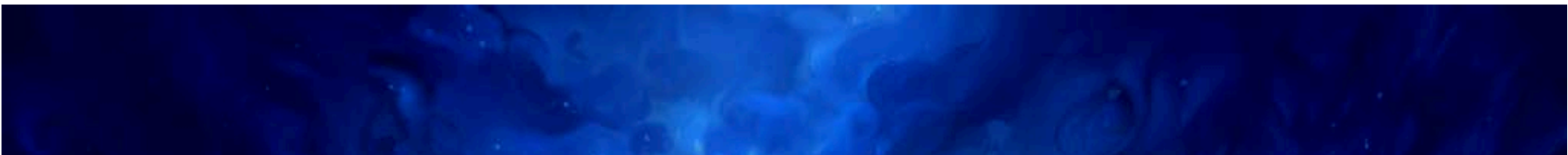
**I surrender this wish to the
universe. Let this spark
become my path.**

**Twelve wishes have been
released. The thirteenth
becomes my compass. I walk
forward with intent. This
wish is mine to carry.
I honor this wish, and I
commit to walking toward it
with courage and grace.**





12 Magical Nights Graphics Pack



12 Magical Nights

Manifest 2026



WISH 1

WISH 8

JANUARY

JULY

WISH 2

WISH 8

FEBRUARY

AUGUST

WISH 3

WISH 10

MARCH

SEPTEMBER

WISH 4

WISH 11

WISH 5

WISH 12

APRIL

OCTOBER

WISH 6

WISH 13

MAY

NOVEMBER

WISH 7

JUNE

DECEMBER

1

2

3

4

5

6

7

8

9

10

11

12

13

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

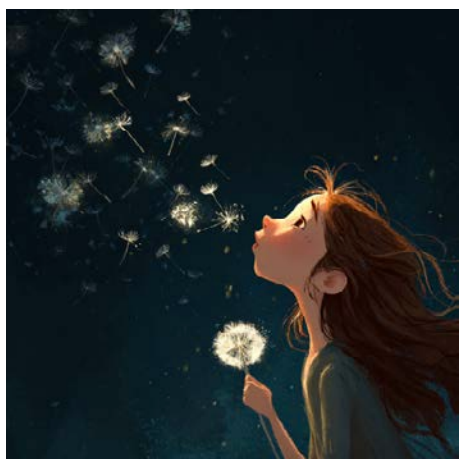
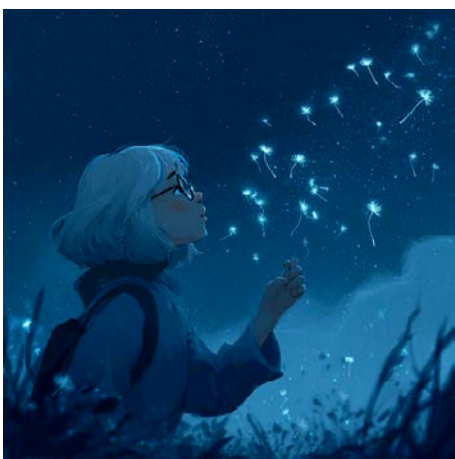
Trust the Unfolding
Magic Begins Within
Follow the Quiet Pull
Rise With Intention
Your Year Awaits
Release to Receive
Let Your Wishes Breathe
Rooted in Reverie
This is Your Season
Honoring the In-Between
Guided by Moonlight
Where Intuition Awakens
The Universe is Listening

A Spark Becomes a Path
Burn + Become
Dreams Love Courage
Everything Begins Here
Sacred Stillness
Step Into Wonder
Roots
Wholeness
Transformation
Awakening
Illumination
Vision
Becoming

Rise
Reverie
Clarity
Courage
Healing
Abundance
Flow
Wonder
Expansion
Alignment
Grace
Trust
Presence



12 Magical Nights Graphics Pack



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12 Magical Nights Journal Prompt Cards

*12 Magical Nights
Journal Prompts*

**What desire has
been quietly
waiting for me
to acknowledge
it?**

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*12 Magical Nights
Journal Prompts*

**What do I want
more of in the
year ahead?**

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*12 Magical Nights
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**Where did I feel
most aligned
this past year?**

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*12 Magical Nights
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**What part of my
life feels ready for
transformation?**

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*12 Magical Nights
Journal Prompts*

**What am I finally
ready to release?**

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*12 Magical Nights
Journal Prompts*

**What has life been
trying to teach me
lately?**

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12 Magical Nights Journal Prompt Cards

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**What do I
deeply crave
but rarely say
aloud?**

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*12 Magical Nights
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**What wish feels
almost too big
to write down?**

12MagicalNights.com

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**What do I want
to feel every
single day?**

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**Who am I
becoming, and
what do they
need?**

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*12 Magical Nights
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**What would my
life look like if
everything
unfolded with
ease?**

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**What would it
mean to fully
trust the
unfolding of my
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**What signs,
synchronicities,
or small nudges
have shown up
this month?**

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12 Magical Nights Journal Prompts

**What
challenged me
this month, and
what did it teach
me?**

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12 Magical Nights Journal Prompts

**What small wins
or quiet joys did
I experience?**

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12 Magical Nights Journal Prompts

**How is this
month's wish
beginning to
reveal itself in my
life?**

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12 Magical Nights Journal Prompts

**Where did I feel
most supported or
guided?**

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12 Magical Nights Journal Prompts

**What energy or
emotion defined
this month?**

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12 Magical Nights Journal Prompt Cards

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**What
boundaries do I
need to
strengthen or
soften?**

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12 Magical Nights Journal Prompts

**What am I
proud of myself
for, even if no
one else saw it?**

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12 Magical Nights Journal Prompts

**What did I let
go of this month
— willingly or
unwillingly?**

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12 Magical Nights Journal Prompts

**How did my theme
or guiding words
show up for me?**

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12 Magical Nights Journal Prompts

**What do I want to
carry forward into
next month?**

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12 Magical Nights Journal Prompts

**What truth about
myself became
clearer this
month?**

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12 Magical Nights Challenge Cards

Print and tuck into the
pages of your journal to
perform the challenge
when the month comes.

**Go back to a place
of your childhood
and meditate on
how far you have
come.**

**Plan a cozy girls
weekend, it could
be as a trip or a
staycation.**

**Do something
purely because it
brings you joy —
no productivity
allowed.**

**Watch the night
sky each night
until you catch a
falling star**

**Walk barefoot in
the grass for 10
minutes each day,
feel how
grounded and
alive you are.**

**Plan a cozy dinner
on a random day,
where everyone
brings a story or
memory not just
food.**

**Upgrade one
small part of your
environment
(desk, bathroom,
bedroom corner).**

**Write down every
fear currently,
ask yourself why,
what's holding
you back and burn
it.**

**Meditate or pray
in silence every
day for 10
minutes this
month.**

**Have a movie
marathon in your
PJ's with all your
favorite snacks.**

**Create a new
bedtime routine
that feels
luxurious.**

12 Magical Nights Challenge Cards

Print and tuck into the pages of your journal to perform the challenge when the month comes.

Play recipe roulette or go thru an old cookbook and make that recipe once a week this month.

Go for a walk in nature or a local garden and enjoy the flowers.

Try a 7-day "one photo a day" challenge capturing beauty.

Read three books that genuinely change your mindset.

Write a letter to your future self five years from now.

Take a creative class (online or local)

Do a digital detox and put a limitation on your screen time for one week.

Create a soft evening music playlist to slow the world down.

Write a letter to your past 8-year old self and tell them all of the things you've accomplished.

Have a movie marathon in your PJ's with all your favorite snacks.

Spending an evening going through old family photos or videos.

12 Magical Nights Challenge Cards

Print and tuck into the
pages of your journal to
perform the challenge
when the month comes.

**Buy your self a
bouquet of
flowers just
because they're
pretty and you
deserve it.**

**Make a gratitude
list of 50 small
things you love
about your life.**

**Complete a 30
day consistency
streak on a topic
of your choice:**

**Do a financial
reset; track every
dollar your spend
for 30 days and
ask yourself what
you could live
without.**

**Dance around the
house for 5
minutes to your
fave song each
day.**

**Call someone you
have not spoken
to in a while and
arrange to meet
up to catch up.**

**Complete a 30
day consistency
streak on a topic
of your choice:**

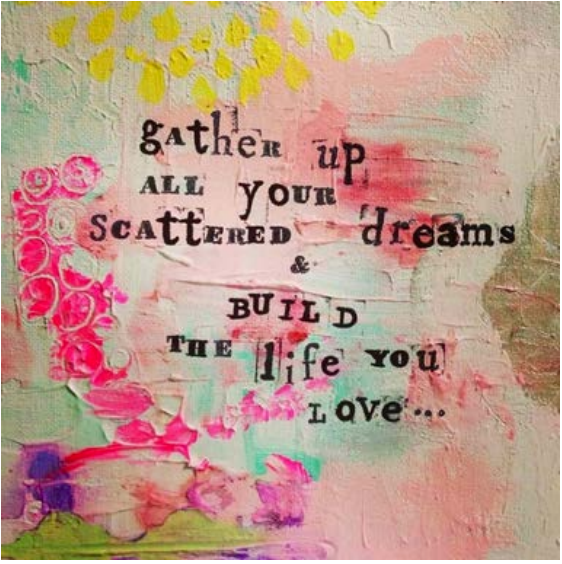
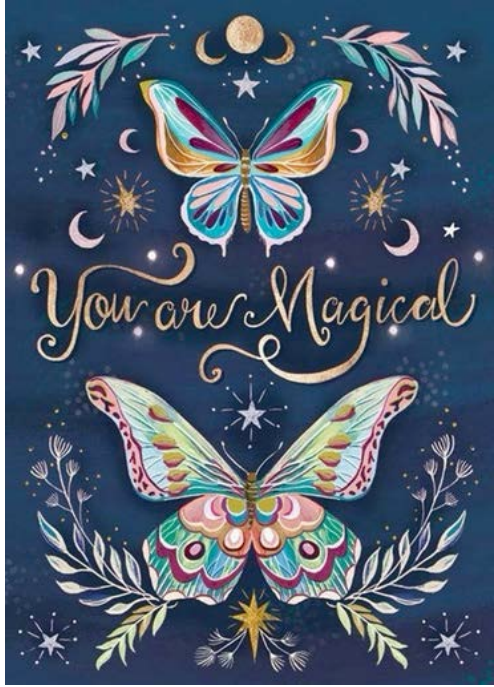
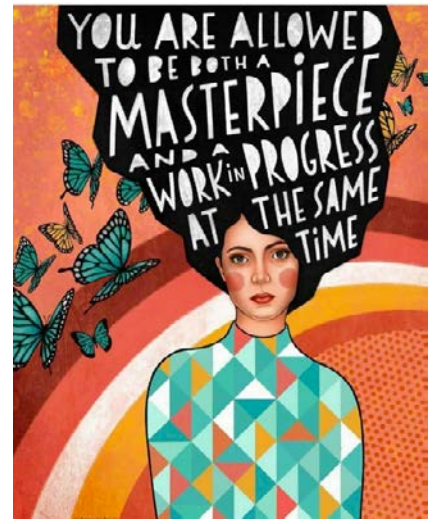
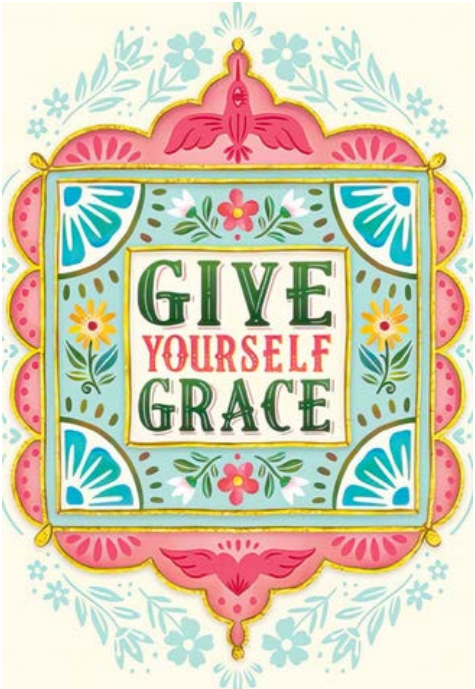
**Treat yourself to a
spa appointment,
new hair style, or
manicure.**

**Commit to
handmade or
thrifed gifts for
Christmas this
year.**

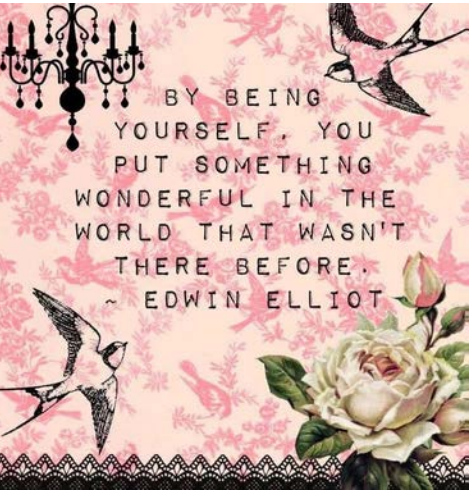
**Do a three-day
reset, no
complaining, no
comparing, no
negative
thoughts.**

**Complete a 30
day consistency
streak on a topic
of your choice:**

There are so many great graphics on pinterest too...



stop shrinking to fit places you've outgrown



“12 Magical Nights – Year Ahead Challenge Bingo”

I completed a month of staying aligned with my 13th wish.	I accomplished one brave thing I've been avoiding.	I created a journal spread that made me smile.	I completed a ritual of release that made space for something new.	I added a new piece of ephemera or symbolism to my 12 Months Journal.
I did something that honored my future self.	I took myself on a small adventure (solo date, nature walk, or creative outing).	I accomplished a mindset shift that helped me grow.	I tried a new creative technique or medium.	I completed a decluttering project that lifted my energy.
I accomplished a connection that brought joy or healing.	I added a photo or memory to honor this month's energy.		I accomplished a meaningful act of self-care this month.	I did something spontaneous that brought me joy.
I learned something new that inspired me.	I completed a small step toward a dream that once felt out of reach.	I spent intentional time under the moon or night sky.	I did something that made me proud, even if no one saw it.	I refreshed one small area of my home or creative space.
I treated myself to a cozy ritual (tea, bath, candles, reading, etc.).	I completed a mini digital reset (cleaned out something on my phone, desktop, or inbox.).	I did something that expanded my creativity.	I made something using only materials I already had.	I did something that strengthened my intuition or inner voice.